Abstract

This thesis is aimed on the topic of swimming training on the first grade of primary school. The theoretical part is processed according to available resources, history and importance of swimming, characterized by basic swimming training of children at school age and younger. The practical part is focused on the research sample, a swimming schools and children who participated in basic swimming training. Following sections of this thesis are analyzing the research sample, which consists of swimming instructors in selected schools. This research sample was examined in terms of detection effectiveness and impact of swimming training on the results of graduate (or maturity) of swimming courses. This thesis map the swimming training of primary school students, especially in terms of periodicity and teaching effectiveness. The aim of the thesis is to elaborate a comprehensive overview of the current situation in basic swimming training.