

## **ABSTRACT:**

**Title:** Proposal of adventure sports complex in the village Štěchovice

**Objectives:** The goal of this bachelor thesis is to design an adventure sports complex in the village Štěchovice. This can be achieved by careful placing of individual elements to attract and persuade people to spend their leisure time actively. This adventure sports complex should be suitable not only for children, but also for adults and seniors.

**Methods:** During creation of this bachelor thesis, there was used a descriptive analysis of documents, various written materials, websites and links. There was also used another method - field investigation (to find a suitable space for the realization of the project in Štěchovice and exploration of nearby surroundings for any running or cycling trails).

**Results:** The result of this bachelor thesis is a project that contains two proposals of adventure sports complex in the village Štěchovice. The proposal will serve as a basis for possible implementation of the project. The results of the analysis of documents can be used in the future for creating similar facilities in the Czech republic.

**Keywords:** leisure time, outdoor activities, active lifestyle, playgrounds, physical activities