## **Abstract**

Jesus Christ is the only one Norm of Christian Moral: Sacramentum et Exemplum and it 's Moral Meaning in the Work of Benedict XVI.

Jesus Christ commands the love to his apprentices in The Farewell Speech (John 13,34 and 15,12) but he commands de facto himself, because he is incorporated love. He is the sacrament — Sacramentum, we take him at communion where our being is converted, we are disposed to love. He is also the example — Exemplum, which is teaching us to live in love and to do deeds of love. These aspects are the topic of this work. The first task is to analyze moral meanings both of the aspects in the work of Benedict XVI. The triptych Jesus of Nazareth (Jesus-Buch in Germ. abbreviation) is considered as a key work. Also all the pope's encyclicals are in indirect dialog with Jesus-Buch, mainly the Deus caritas est. The Spirit of the Liturgy is important in the topic as well. The analytic part of the work, according to the it's size, is focused only to such depth, to be the basic thesis: 'Jesus Christ is the only one norm of christian moral' theological legitimate. The main aim is to prove, if our thesis is taken as a fact, that Jesus's commandment of love is unique, universal rule, of which moral influence is realized through the Eucharist and is concretized in living activity of Christ in the life of man. This work is written in the field of christian fundamental moral.

## **Keywords**

commandment of love, sacramentum, exemplum, sequela, sacrament, exemplarity, fellowship, universal norm, Jesus Christ, Jesus-Buch, Benedict XVI., fundamental moral