

TITLE:

The importance of caring for the soul in the life of the contemporary man

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ABSTRACT:

The aim of this work is a reminder of the value of the soul along with the possibilities of taking care of it. This thesis deals with the importance of taking care of the soul in the life of the contemporary man. At the beginning of the text are laid these source questions: What is the care for the soul about and what does it include? The paper is divided into three parts which deal with comparing the perception of the soul in the ancient times, in the modern era and Patočka's conception of history, questioning and life movements, leading the dialogue which aims to discovering its own origin. These requirements for pursuing the mental growth appear to be necessary . The care for the soul is inextricably linked with the phenomenon of freedom as the freedom to something. The fundamental human task is to nurture the soul. The precondition for upbringing and education is the care for the soul . [An important place has the care of the soul in the context of psychotherapy of which aim in the framework of a therapeutic relationship is orientating man's critical thinking to things themselves and revealing his own authentic existence - his self-knowledge.](#) [The contemporary view of](#) the care for the soul is quite different from the above mentioned concepts, it is somehow distorted. At present the care for the soul is quite neglected and in its place are getting other activities which rather overload a person, blunt him, divert his attention from himself to the outside world. They are turning a person away from collecting himself, which is so much needed when making fundamental questioning happen .

KEY WORDS:

soul, care for the soul, questioning, dialogue, freedom, life movement (education to caring for the soul?)