

## **Abstract**

**Title:** Athletic physical literacy of secondary school pupils

**Objectives:** The aim of this thesis was to compare athletic literacy of seventh and ninth-graders and to test if these pupils are able to perform athletic exercises and can be therefore called athletically literate.

**Methods:** Cross-sectional study, video analysis.

**Results:** The final evaluation showed that the results of both tested grades in the nodal points are similar. Both groups have comparable athletic skills, however, the ninth-graders reached slightly better results. These pupils have more experience and they were able to coordinate their movements better and their performance was also smoother. This „extra“ ability is what can be called athletic literacy. The pupils have basic athletic skills and they also know how and when to use these skills properly.

**Keywords:** Athletic literacy, video analysis, kinogram. pupils