In the first, theoretical part, Attachment Theory is summarized: terms, patterns of attachment behavior of children, adults' mental representations of attachment, attachment development, application of Attachment Theory into psychotherapy, as well as statistical contexts. Research work then involves qualitative analysis of attachment styles in current relationships of women from shelters for mothers and children in Czech Republic; here the Current Relationship Interview (CRI) method is applied. As a result, it gives 80 % insecure (60 % dismissing, 20 % preoccupied) and 20 % secure persons. This differs significantly from standard population, where 59 % persons are identified as secure. Qualitative analysis of 19 CRI scales gives some characteristic features of relationship of such a woman, e.g., remarkable lack of love and high conflict between her parents, lacking in love with partner, infrequent or inadequate caregiving and inability to seek or accept care from partner. Secure respondents differ from insecure ones by higher rate of loving and ability to provide care, but in the total evaluation they are on borderline of attachment insecurity. The findings are discussed with respect to possibility of education of social workers and applications on work with these women, which (besides lack of existential security) miss a secure base to explore new possibilities of their lives.