

## **Abstract**

This thesis deals with the topic of work-life balance in narrations of Ukrainian female migrants in the Czech Republic. Female migrants are in a difficult situation while managing these two spheres of their lives, because they are situated in an unknown milieu and lack family environment and social ties. Based on fourteen in-depth interviews I analyze how these women deal with this situation and how they feel about it. The research shows that the women's work trajectories develop in accordance with their reasons to migrate and their family situation. The family situation especially their motherhood seems to be crucial in choosing the work-life balance strategies. Thus, in my analysis I show how these strategies differs among women who brought their children with them to the Czech republic, those who brought them later, those who left them at Ukraine and those who gave birth to their first children in the Czech Republic. The main attention is paid to female migrants whose children joint them later as they go through the most distinct changes in managing their work-life balance. In my analysis I identified some problems which Ukrainian migrants have to face considering reconciliation of their work and personal life. The most crucial one is the absence of the extended family and its help with upbringing children. In my research the participants also reflected on the current Ukrainian crises and its influences on their lives.