

ABSTRACT

The master thesis deals with the eating disorders and foreknowledge of high school physical education teachers of this disease. The thesis is divided in the theoretical part and the practical part. The theoretical part includes remarks from scientific literature and it is concerned with anorexia nervosa, bulimia nervosa and eating disorders not otherwise specified. Research was carried out by interviewing secondary teachers. The aim of research was to find out whether the pedagogues know what the eating disorders are, what are their potential causations, possibilities of prevention and competency of teachers for solving these disorders. The results indicate that physical education teachers have only basic knowledge about eating disorders. In view of the fact of these and other findings, a draft of activities for teachers who solve the eating disorders has been developed.