

## **Abstract**

This MA thesis encompasses the motivation of the applicant to apply for a long-term stay at a retirement home. The theoretical part analyses the needs that seniors have, describes the system of care of the elderly and its problems, as well as the limits, motivation and psychosocial aspects of family care of the elderly, and the effect of a retirement home residence on the personality and quality of life of the elderly.

The empirical part is formed as a quantitative research with the use of questionnaires. Respondents were selected out of the applicants for a long-term stay at a retirement home. The aim of the empirical part of the MA thesis is to answer the key question of the entire research: what life situation is responsible for the applicant's motivation for applying for a long-term stay at a retirement home. The empirical part describes the research objectives, research methods and research groups and poses the research questions. The received data are then analyzed, and the results are subjected to a critical scrutiny in a discussion. The results of this thesis serve as a basis for creating new projects to encourage seniors to remain at their home environment, and aimed at preventing the placement of the elderly in institutional facilities