

Abstract

This bachelor thesis is concerned with the analysis of tea rituals from a theoretical as well as empirical point of view. The work is divided into two parts. The first chapter is devoted to the analysis of general information about the cultivation, processing and effects of tea. Further chapters deal with rituals and habits associated with the process of drinking tea in specific locations.

The second part of the thesis is concentrated on the Czech Republic and its tradition of drinking herbal decoction, picking and processing of necessary plants.

A part of this paper is an empirical analysis, which aims to discover if there is any specific ritual, enrooted in the Czech culture, associated with drinking tea and if the Czechs, despite of their preference of Asian tea, trust in the effects of herbal tea.

The research was performed by a quantitative method and via questionnaires. The hypotheses were mostly confirmed.

Key words: herbal tea, tea, tea culture, rite, ritual