Abstract

This bachelor thesis is a case study of how the childhood obesity prevention with nutrition process is applied on grammar schools and what are the problems in this process, while the childhood obesity is viewed as a public health problem in this thesis.

It is based on theoretical basis from public policy – implementation process and importance of street-level bureaucrats and overweight and obesity determinants where the nutrition plays the key role.

To fulfil the goals of the thesis, there was used the institutional analysis of current legislative and institutional frame and interviews with street-level bureaucrats of educational policy. The results show that on institutional level, the childhood obesity problem is taken seriously and there are many suggestions of how to work on its' solution, however, the implementation of these solutions is on considerably worse level. The schools greatly underestimate their possible influence on nutrition habits of their students and they delegate all the responsibility of this part of education on family or only the school canteen itself.