

From seventies of 20th century was in western Europe high and longterm growth of rate of unemployment. With this grew also importance of labour market policy. First were used especially pasive measures. But soonly it turned out that against unemployment must be fought actively. The importance of active labour market policy grew with the growth of rate of unemployment. In Czech Republic came up the problem of unemployment in nineties. The work deals with usage of instruments of ALMP in Europe and Czech Republic. It explores the efects and contributions of ALMP. It evaluates particular used measures and gives the recommendations how to use ALMP. The end is concentrated on Moravian-Silesian region which is one of the most problematic locality.