ABSTRACT

The aim of thesis is to provide a comprehensive picture of the selected areas of frequent school injuries in physical education classes in primary schools not only pedagogical, but also from a health point of view.

The theoretical part deals with injuries of younger school age children, school injuries (especially in physical education classes) and their preventive measures, safety at work in physical education classes. It defines the most common types of injuries in physical education classes in primary schools, their prevention and following first aid. The work shows what to do in case of an accident of pupil and how to properly proceed directly at scene of the accident. To avoid legal penalties for teacher, we also mention the right way to report injury, injury record and we deal with book of injuries.

Empirically oriented part and its questionnaire survey demonstrates what level of knowledges are reaching selected physical education teachers of elementary schools in the area of legal issues, injury prevention and laic first aid.

KEYWORDS

Injury, school injury, physical education, prevention, safety, first aid, accident reports.