

## ABSTRACT

This academic work deals with children who are school age or younger school age and their interest in skiing and snowboarding. It tries to expose the reason of decreasing attendance at ski courses offered by schools. The research made by questionnaire shows that most of the children attending lower grades of elementary schools do some sport. They would also like to attend the ski course but they often listed finances as the obstacle. The results of interviews made with teachers of elementary schools and high schools display that only the children who had experienced winter sports either before entering elementary school or soon after entering school want to participate. This work considers as important placing the ski courses at the first grade of the elementary schools. The number of children interested in winter sports would increase. More of them would consider participating at ski courses that help raising the physical and mental condition.

Keywords:

younger school age, physical activities, snowboarding, skiing