

**ABSTRACT:**

This thesis focuses on keeping and developing the inner motivation for learning in the first class of the primary waldorf school, where the author works as a class teacher.

The theoretical part of the thesis contains the characterization of the term inner motivation, its sorts and describes which methods are helping to its keeping. Further there is a description of specific ways of teaching at waldorf school.

For the practical part of the thesis author of this dissertation uses method action teacher's research. She observes four selected pupils from her class. During one school year she determines the most suitable strategies of teaching lessons so the inner motivation for learning is supported. Results of research confirm when pupils are motivated, they are active and they cooperate more.