Abstract

Title:
Analysis of motor tests football players

Objectives:
The aim of this thesis is to assess motor skills and posture among footballers and analyze individual sub-tests in terms of post game player

Method:
To evaluate the individual tests were used methods of observation. Over four years, was tested using 14 tests 161 football players junior category, 18 goalkeepers, 46 defenders, 32 midfielders and 65 attackers. The results were presented in the form of bar graphs.

Results:
Partial confirmation of the hypothesis No. 1: results of motor tests, physiotherapy and sports readiness are able to capture qualitative and quantitative changes in the training process. Confirmation Hypothesis 2: Results of the survey of selected anthropometric tests and physiotherapy are dependent on gaming position. We verified the appropriateness of including physiotherapy examination to test batteries and need medical evidence.

Key words:
Football, measurement, older pupils, motor tests, physiology.