

Abstract:

This bachelor's thesis focuses on supporting pupils with problematic behaviour in the system of institutional care and counseling in the Czech Republic. The work has been written as a summarizing survey compiled of various academic sources and studies. The theoretical part deals with the problem of behavioural disorders, with their specification itself, with their classification and with the causes of their origin. The text then centres on the individual bodies of counseling and institutional care as well as on some of the methods of the cognitive-behavioural therapy which are used in both types of care.

The thesis also constitutes of a research proposal which is devised as longitudinal. It focuses on how clients perceive the efficiency of some of the methods of cognitive-behavioural therapy in institutional care and counseling.

Keywords:

behavior disorders, institutional care, counseling, methods of cognitive-behavioral therapy