

Abstrakt:

This bachelor's thesis occupies itself with teacher's workload. It is focused especially on elementary and high school teachers. The first part contains descriptions of terms stress, load, workload and burnout syndrome. The main part describes teacher's workload with its specifics. There are named and described factors which contributes to teacher's workload. The next chapter is about the teachers in Czech republic. In the last part is presented my research project. This project is focused on protective factors which help decline the teacher's workload and the risk of burnout syndrome.