

Abstract:

This bachelor thesis is focused on depressive symptoms in elderhood and possible impact of interaction with children on these symptoms. The elderhood and its psychological characteristics are described in theoretical part. Afterwards the thesis describes depressive disorders in elderly, their prevalence, etiology and prognosis. In this part there is also one chapter about screening of depression in elderhood.

A big part of this thesis is focused on protective factors which can protect elderly people against depression and the most mentioned factor are social support and contacts with people. This information is followed by a chapter which deals with interaction with children and its benefits or possible risks during the interaction in intergenerational programs. The last chapter of the theoretical part is focused on some intergenerational programs. The outcome of the thesis is research proposal which would try to evaluate intergenerational programs which exist already in the Czech Republic and the research should answer the main question of this bachelor thesis if the interaction with children can reduce depressive symptoms in elderly people and/or protect the elderly against them.