Title:Analysis of Physical Fitness of the Police of the Czech Republic

Objectives:The main objective of this theses is to help find a solution of selected motoric ability among adults, particullary cadets, who study at the programm of Basic Professional Training at the Ministery of the Interior´s school in Prague.

Methods:To collect results of selected motoric abilities we used motoric test according to the UNIFITTEST 6 – 60. We used questionaires to collect basic data and data about physical and mental stress indicators.

Results:We found out that performance of the Czech policemen is sometimes below average when compared with the general standards and that received data doesn´t meet our expectation.

Key words:Police of the Czech Republic, physical fitness, motoric ability, speed, strenght, endurance, motor tests, UNIFITTEST