

The subject of this bachelor thesis has been the importance of psychotherapy training in working with transference / countertransference processes in the relationship between helping professionals and clients. The theoretical part describes the basic concepts and mutual relationships between transference and countertransference, with a focus on helping professionals at social work. It deals with the importance of self-experience psychotherapy training for helping professional's self-knowledge. The practical part deals with the quantitative research of professionals, trained in psychotherapy and working in social sphere. The aim of the survey is to demonstrate the usefulness of self-experience psychotherapy training for the work of a helping professional, with a focus on transference and countertransference.