

## **Abstract**

Aim of this work is to determine the awareness of students about eating disorders in region Litvínov. The first part focuses on the historical development, the definition of eating disorders, symptoms, complications and treatment options. Great attention is paid to anorexia nervosa and bulimia. The second part bases on results and evaluation of empirical research on knowledge, attitudes and eating habits of pupils in the eighth grade of secondary school. The data are obtained from the survey. The work brings the findings about the respondents in this region and it states which arguments should be suitable to accept for possible improvement of established situation and the prevention in the school facility.

## **Keywords**

BMI, anorexia nervosa, bulimia nervosa, obesity, eating disorders, binge eating

