

ANNOTATION

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Abstract:

The bachelor thesis is focused on the quality of life of women living in senior homes. The theoretical part describes some of the most important basic notions associated with old age and ageing. It deals with the problems of old age, geriatrics, social care for the elderly and their quality of life. The empirical part examines the quality of life of women living in a nursing home while looking for appropriate interventions to improve the quality. Five female clients from the Home for Senior Citizens in Choceň were selected according to predetermined criteria for the purpose of the research. Other participants of the research were the clients' family members and the Home's key employees. The research used a mixed approach. The qualitative methods included narratives and semi-structured interviews. As regards quantitative methods, the Czech version of the WHOQOL-OLD questionnaire was used. The bachelor thesis offers views of the selected type of clients regarding the quality of their lives in the Home for Senior Citizens and their comparisons with the views of their family members and the Home's key employees. The thesis compares the agreements and disagreements between these three perspectives. Based on the analysis of the research results, the thesis proposes interventions for customized nursing care that could improve the quality of life of women living in senior homes.