

Abstract

The dissertation's subject matter is focused on a definition of art therapy possibilities in a process of treating drug addiction of a person with posttraumatic stress disorder. The theoretical part aims to define the basic information concerning given dual diagnosis and also to reveal the specifics of mentioned mental disorders' relation. In a following part, the dissertation details individual possibilities of art therapy and its influences on already obtained findings concerning the particular dual diagnosis by synthesizing available scientific information from both areas - namely aiming to understand thoroughly the extent of the disorder and consequently to describe art therapy possibilities by applying bio-psycho-socio-spiritual addiction model on its individual dimensions. The research part brings information about which art therapy methods and procedures are used by art therapists working with drug addicted people with PTSD when revealing themes concerning experienced traumas. It focuses on a problem of the absence of any integrated procedure of working with people with PTSD in a process of drug addiction treatment. Within a selection of research group, a method of intentional selection was used. The research is based on a content analysis of half-structured interview data. In the conclusion, findings obtained from theoretical and research part are subjected to discussion with a target of finding universal starting points for work with people with PTSD in a process of drug addiction treatment.

Key words

Art therapy, post-traumatic stress disorder, drug addiction