ANNOTATION

Author: Brigita Janoušková

Institution: Charles University in Prague, Faculty of Medicine in Hradec

Králové, Department of Social Medicine, Department of

Nursing

Title: Psychosomatic approach in general practicioner's office

Supervisor: MUDr. Skorunka David, Ph. D.

Number of pages: 110

Number of appendixes: 6

Year of defense: 2014

Keywords: practising, psychosomatic disorders, stress, psychosocial factors, patient

Practicioner's surgery is a part of primary care and as such, it plays an important role in diagonstics of psychosomatic disorders. In the theoretical part I dealt with historical development and psychosomatic conceptions, explenation of causes and symptoms of the psychosomatic disorders. The next part is dedicated to themes, which comprise the basis of psychosomatic approach – the relationship between a medic and a pacient, diagnostics and types of healing of these disorders. In the end I focused on specifics of the job of general nurse in the surgery and her contribution during application of psychosomatic approach.

The focus of this bachelor thesis is quantitativ research performed by means of questionnare investigation of two groups of patients – patiens of practicioner without psychosomatic education and patients of psychosomatically educated practicioner. Data are processed graphically and statistically. For comprehensive view of psychosomatical approach in the surgery of practicioner I also performed quantitativ research by means of semistructured interviews with the doctors from both surgeries.