

Abstrakt

Name of thesis

Diabetes mellitus I. type and physical activity

Aim of thesis

The bachelor's thesis deals with diabetes mellitus I. type, the opportunity of compensation by adequate physical activity and diet and consecutive complications of diabetes.

Methodology

Collecting of the data from available literature and internet's resources. There is no personal interviews in this work.

Results

General description of the diabetes mellitus I. type, question of the physical activity with the proper diet for people who has diabetes I. type and consecutive complications of diabetes mellitus I. type.

Key words

Diabetes mellitus, physical activity, complications, diet, blood glucose