

Abstract

Title of bachelor's thesis: Case report on physiotherapy care of a patient with an ankle joint osteosynthesis on the right side.

Aim of the thesis: The aim of my bachelor thesis is to write up a case report of a patient and to compile theoretical and also practical explanation of the ankle joint osteosynthesis issue.

Methodology: The bachelor thesis is divided into two parts – a general one and a special one. The general part deals with the anatomy of an ankle joint, kinesiology and biomechanics of the feet, traumatology in this area and physiotherapy methods suitable for a therapy after the fracture of an ankle joint. The special part is compiled as a case report of a patient. It contains an anamnesis, an input kinesiological analysis, plans and aims of the therapy. In the next step individual therapeutic entities, an output kinesiological analysis and the evaluation of a therapy effect are described there.

Keywords: case report, physiotherapy, ankle joint, fracture, osteosynthesis