Abstract

**Title:** Case Study of Physiotherapy Care of Patient after arthroscopic surgery of shoulder joint

**Aim:** The aim of this bachelor thesis was to process patient case histories. Patient was a man born in 1948 after luxation and arthroscopic surgery at the Centre of Physiotherapy Care of the kinesiological appliance in Vysočany Prag 9

**Methodology of thesis:** The physiotherapeut care of patient passed of during a month specialist continuous practice in the Centre of Physiotherapeutic Care of the kinesiological appliance in Vysočany in Prag 9. The patient passed out eight therapeutic units, he visited an ambulance therapy. The units passed off from 60 to 120 minutes. We used The Therapeutic bed in an ambulance. The practice passed off from 20. 1. 2014 to 14. 2. 2014. In the theoretical part I write about anatomy, biomechanics and kinesiology of shoulder joint, about indication for arthroscopic operation, types of luxation, special tests and other topics relative to this issue.

**Results:** The serie of therapies was succesful. Range of motion is bigger, general possession, condition are better, hypertrophy of muscles in shoulder region is lower.

**Key words:** Physiotherapy, case study, shoulder joint, arthroscopic surgery