This thesis titled Counseling adolescents involved in Fusion is focused on opportunities to help adolescents in the context of informal care in the church. I try to describe the importance of the activity of Fusion in the work with adolescents. As the target group of Fusion are teenagers between 13 and 20, it is important to become acquainted with the specifics of this age group. Therefore in the first chapter I deal with the question of adolescence, which in many areas is a critical period. In the second chapter I introduce the Fusion project, explain what it is, I mention its history, which values it is based on, what its targets are. The third chapter is focused on counseling adolescents, what techniques can be used, who can help and what are the pitfalls of this help. The last part describes the research that I conducted among the adolescents from Fusion. It maps if adolescent in Fusion can find appropriate help with their problems and if they make use of this possibility.