

Abstract

The aim of this work is to summarize current knowledge of eating disorders in men. The theoretical part is trying to describe the key areas in which eating disorders differ between the sexes. Among the large number of small differences we can see also some major differences, especially radically different concept of the male ideal body image that causes most of the other differences. Therefore, the work paid attention to muscle dysmorphia, which occupies an important place on this issue. Although it is a multidisciplinary topic, thesis tries to target the areas related to psychology.

The practical part is the research proposal, which aims to map a number of symptoms of eating disorders and muscle dysmorphia, body dissatisfaction and frequency of risk behaviors among college Czech non-clinical populations of men. It also seeks to describe some other relationships among these variables.

Key words

Eating disorders, anorexia nervosa, bulimia nervosa, muscle dysmorphia, men, sociocultural pressure, body dissatisfaction