This bachelor thesis concerns people who went through out-of-body experiences. It examines them in the perspective of social construction of reality. It concerns symbolic language which these people use to describe realities of finite provinces of meanings which they experience in their out-of-body experience. This thesis is mainly based on the book from two sociologists Peter Berger and Thomas Luckmann Social construction of reality. The theoretical part is also based on books about mysticism, lucid dreaming, near-death experiences, psychedelic substances and shamanism. As a method autor uses narrative analysis and in interviews with informants he shows how these experiences affect them in their view on our everyday life and also in their attitude to death. Last thing which this thesis concerns is the relation between different techniques of induction of these out-of-body experiences and the depth of these experiences.