

Abstract:

Bachelor's thesis deals with pain management from psychological perspective. It covers emotional, cognitive and behavioral factors, pain coping strategies and individual differences in pain management. This work focuses on the time dimension of pain. The aim is to describe psychological aspects of acute and chronic pain management – the differences between acute and chronic pain management and the role of psychological aspects in pain chronification. Psychological aspects of pain, especially pain coping strategies, are evaluated in terms of efficiency and adaptability. The research project is designed as a prospective study investigating if there are any pain coping strategies related to pain chronification and if the coping strategies change during pain chronification.

Keywords:

pain management, coping strategies, acute and chronic pain, chronification of pain