

## **Abstract**

The thesis deals with importance of hagiotherapy in therapeutic process of addiction treatment of women. Hagiotherapy is a kind of bibliotherapy, which uses the Holy Scripture as a mirror. Due to biblical stories patients can take the view of their troubles and situation from different perspective.

The aim of the text is to answer the following questions: What is the contribution of hagiotherapy in the addiction treatment in patient's view?, How do the patients perceive hagiotherapy in comparison with the other treatments in Psychiatric hospital in Bohnice? and How does the therapist and founder MUDr. Prokop Remeš evaluate the effect of the hagiotherapy.

The first part of this thesis produces theoretical base for the following survey. It looks into phenomenon of addiction, means of addiction treatment – psychotherapy – existential psychotherapy – hagiotherapy.

The second part of this text describes all the process of my survey. It includes methods of this survey (half-structured dialogue), description of survey set and in the end analysis of survey results.

My research indicates that the hagiotherapy is a really effective component of addiction treatment. The patients say that the hagiotherapy is very helpful in contrary to the other therapy. Some of them think about continuing with hagiotherapy after ending of their treatment. They say that positive side of hagiotherapy is a professional attitude of the therapist, silent and „sacral“ setting of church and similarity of biblical stories to their lives. As a negative side of hagiotherapy they state the intense psychological experiences and following emotional deprivation.

## **Key words**

hagiotherapy, addiction, change of life's pattern, the Bible