

**ABSTRACT (in English):**

The aim of this dissertation is to characterize linguistic devices of contemporary French in the technical field of maintaining a healthy diet based on an analysis of texts from this communicative field. The work is divided into two parts.

The first part focuses on defining the field of nutrition and theoretical foundations needed for textual analysis. Technical discourse is characterized in terms of its composition and linguistic devices such as morphosyntactic means and technical vocabulary.

The second part defines the types of texts by the addressee, which classifies professional theoretical texts, practical scientific texts, educational texts and didactic texts. Each text is analyzed in terms of the pragmatic plane, discursive plane, notice plane, and then by morphosyntactic and lexical devices. Before the analysis itself, the methodology is defined and sets the different planes of analysis.