Abstract

Title: Case study of physiotherapy treatment of a patient with the diagnosis of status after ankle fracture osteosynthesis.

Aim: The aim of this bachelor's thesis is to present basic information on ankle fractures and to elaborate a case report of a patient with this diagnosis.

Methods: This research was based on the processing of literature on the topic. It is divided into two parts - a general part and a special part.

The general part contains basic information about anatomy and function of the ankle joint, kinesiology. It contains also traumatology, physioterapeutic methods and procedures that can be used in a patient with mentioned diagnosis.

The special part contains casuistic of a patient and includes anamnestic data, input kinesiological analysis. The therapies are processed individually according to the patient's attendance and are finished with the output of kinesiological analysis with evaluation of the therapy effects.

Keywords: ankle joint, fracture, osteosynthesis, physiotherapy, case study