

Abstract:

This bachelor thesis deals with the awareness of parents about the problems of sudden infant death syndrome. It describes not only the etiology and incidence of SIDS, but also risk factors, prevention and eventual first aid to infants. The thesis is theoretical - practical. The theoretical part is divided into four chapters. The first chapter deals with the history of sudden infant death syndrome, incidence and etiology. The second chapter examines risk factors. The preventive steps are described in the third chapter. The fourth chapter deals with the first aid in case of SIDS - resuscitation of infants. The practical part contains the results of the research, which was conducted via questionnaire. All the respondents are parents from 20 to 45. A questionnaire survey was intended to find out whether these parents are informed about the problems of SIDS and if they know preventive steps and whether they follow these steps and whether they know the correct procedure of providing the first aid the infant in case of SIDS. The final aim of the survey was to compare the responses of mothers and fathers and determine whether their knowledge on this issue is the same. The research results are shown in tables and graphs and with additional explanations. The results of my survey showed that only 65% of respondents are aware of the problems of SIDS and that women are better informed than men. Only 19.6% of respondents know the most important steps against SIDS - child sleep in the supine position. 60.2% of respondents follow the preventive steps. For a very menacing result I consider the fact that only 12.1% of respondents know the correct procedure of the first aid infants. I see the importance of this thesis in warning of the up to date of this topic.

Key words: SIDS, death, infant, preventiv, first aid