

ABSTRAKT BAKALÁŘSKÉ PRÁCE V AJ

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Title of bachelors thesis: The effect of music therapy on patients with Parkinson's disease from the perspective of a physiotherapist

Abstract: The thesis focuses on music therapy in persons suffering from Parkinson's disease from the perspective of a physiotherapist. The theoretical outcomes of search studies declare that Parkinson's disease is characterized by motor and non-motor symptoms which have a significant impact on the quality of patients' lives. Furthermore, this work provides us with the search of available literature sources from the area of music therapy, which is one of the methods affecting a range of symptoms of the disease and thus contributing to the improvement of patients' self-reliance and independence. The theoretical part also concentrates on the results of foreign studies carried out in the field of music therapy. In addition, it offers a list of options of the use of music therapy in persons with Parkinson's disease. As a result, we have become aware of the possibilities of music therapy and their utilization in persons' suffering from Parkinson's disease. The practical part includes a case report of a patient with Parkinson's disease as well as the description of music therapy in connection with physical therapy applied to the patient. The assumption was that music therapy would be effective enough to improve the quality of the patient's life, which was confirmed.

Key words: music therapy, Parkinson's disease, motor symptoms of Parkinson's disease, non - motor symptoms of Parkinson's disease