

## **Abstract**

The intergenerational relationships between the generation of young people and the generation of the elderly constitute the topic of this thesis. The theoretical part of the thesis deals with the specifics of generations of young and old people, demographic trends and aspects that have been occurring with an increasing number of seniors. Misunderstanding and intergenerational conflicts belong among the negative consequences of an aging society. In order to prevent intergenerational conflicts, it is necessary to create conditions so that the members of different generations can get to know each other better and comprehend the lifestyle of a different generation. Due to the transformation of the contemporary family - with grandchildren not having an opportunity to be with their grandparents in close contact as much as it used to be in the past - it is necessary to look for new ways to interconnect the worlds of young and old people. A volunteer project focused on an informal intergenerational learning is one of the options. Regarding the empirical part of the paper, it aims to determine whether the implementation of a volunteer project - that involves students as volunteers and seniors as clients of a home for the elderly - may contribute to the intergenerational rapprochement, whether common intergenerational activities lead to understanding of a lifestyle and needs of different generations and whether the participants can use the experience gained in the project also in their everyday life.

## **Keywords**

Generacion, intergenerational relationships, old people, young people, senior, student, volunteering, project, understanding, rapprochement