

Annotation

This thesis deals with the topic of childbirth and birth delivery in Eastern Africa. The theoretical part tackles mostly the high birth rates, midwifery and hygiene habits and rituals, health system, alternative approaches in midwifery care and traditional healing methods, post-natal care as well as high maternal and infant mortality rates. It uncovers the taboo topic of female circumcision and the impact that it has on giving birth. It furthermore describes a case of an especially complicated labour of a Ugandan girl called Fatima Mirembe who gave birth in a prison hospital.

The practical part of this paper consists of a research survey that, using questionnaires, aims to find out what the women from the Ugandan Nyakyera Village and the communities nearby experience during and after the delivery and what the quality of local post-natal care is. It also describes the abortion rate in the area and common causes of abortions and it also describes the knowledge of the true story of Fatima Mirembe.

Keywords

African women, Fatima Mirembe, childbirth, birthrate, Uganda, East Africa, health care, female circumcision