

The bachelor thesis deals with the influence of the Feuerstein Instrumental Enrichment training to its graduates. The first part represents the creator of the method and his approach to the development of cognitive functions. Further on the theoretical background of the Instrumental Enrichment. I deal primarily with the theory of structural cognitive modifiability and mediated learning experience. At the end of the first part I describe in detail the progress of the Instrumental Enrichment training. In the second part I present my own research, which aims to describe how to use the method of graduates and whether they transformed personally influenced by the course and a change in the way they work. In the discussion I compare the results with research of Ludmila Májová (Májová, 2011) and Nigel Blagg (Blagg, 1991).