

## ABSTRACT

The bachelor work writes about the Theater of the oppressed. Place this method to other paratheatrical systems, action research and techniques of social pedagogy. Trying to describe it, even with a summary of philosophical foundations. The aim of the research part is to map specific workshop of making theatre and experience of the participants. On them then describe processes that influenced an individual during the workshop in relation to oppression. Or reveal which elements are crucial in this work. This will contribute to defining of classification this method in the aforementioned systems. To encourage its further development and dissemination.