Abstract

Title: The most common injuries in the professional floorball players in Czech Republic for the season 2011/2012.

Objective:

The aim of this thesis is evaluation of collected informations from questionnaire. Evaluation most common injuries in the professional floorball male and female players for the season 2011/2012. Evaluation their mechanism, what is the level of compensation and regeneration between league teams in Czech Republic.

Methods:

For collection and evaluation I have used a form of non-standardized questionnaire, which was distributed among floorball teams and their players. The evaluation covered the extra league competitions for the season 2011/2012. Total of 120 questionnaires were evaluated from men and 116 questionnaires from women.

Results:

The survey showed that the most common injury in male and female professional floorball players is contusion / distension of the muscle in the lower extremity. This injury reported a total of 19% of all respondents. Injury in the ankle suffered a total of 16.6% of all respondents and followed by injuries in the knee joint in 9.6% of all players. Among men dominated most injuries in the ankle joint - 19.3% among women then contusion / distension of the muscle of the lower limb - 21.6%. Most injuries were reported in the post forward. The most common cause of all interviewees reported as "other cause" in 35%. Among men predominated as the most common cause of collision with a player - 36%, women reported the most "other cause" - 36%.

Key words:

Floorball league, injuries, physiotherapy in sport, regeneration