The aim of this project is to describe a process how people suffering from Cerebral palsy are getting to know their own disability. It is characteristic for this disease that its first symptoms develop not later than one year after the birth. So if follows that this man/child does not have a chance to gain any kind of experience of what it means "to be healthy". Therefore his point of view as far as his disability is concerned is completely different from those people who, for example, have had a car accident. The paper therefore intends to deal with a cognitive process how such disabled individuals cope with this problem. Theoretical part will be based on social constructivism (Berger, Luckmann, Kabele) and Piaget's "psychology of development". Methodological part should consist of interviews with people with Cerebral palsy which they will analyzed by concept Grounded Theory.