

Abstract

Title: Wheelchair tennis as a motivation in the life of a handicapped athlete

Objectives: The aim of this work is to verify the importance of sport, particularly the wheelchair tennis in the life of a disabled sportsman.

Methods: The main method of a search used in this thesis was used the method of an explorative research. Specifically, in the form of an anonymous questionnaire and three interviews, which were used to illustrate the examined group of disabled athletes. The main element of the research was a separate research while using the questionnaire, which consisted of 16 questions.

The non-standard questionnaire was set up on the basis of mentoring of Mgr. Tomáš Kočib, consultations with experts in the field of wheelchair tennis Mgr. Rostislav Čichoň, Ph.D., literature research and the author's own, gained experience.

Results: It was confirmed that sport, namely wheelchair tennis is significant for a sportsman's life. It does not only affect his/her physical condition but their whole personality.

Key words: tennis, wheelchair tennis, handicap, motivation, research