

Abstract

Title: Abuse of anabolic steroids of Youth in fitness centers

Objectives: The main aim of the thesis is to determine the current state of the issue of doping Youth visiting the fitness centres and gyms. Another object is the comparison of the current data with data from the research conducted in 2002.

Methods: There was applied the method of the sociological questionnaire survey and the interview method in this diploma thesis. The sociological questionnaire survey method was used to determine the current situation dealing with the doping of recreational sporting Youth visiting the fitness centers and gyms. Information obtained during the research have been supplemented by informal interviews with visitors of fitness centers and gyms. Both researches were compared for comparison purposes of present situation with the situation in 2002 and based on the results, conclusions were drawn.

Results: The thesis describes the current situation of the issue of doping recreational sporting Youth visiting the fitness centers and gyms. In the final section of the thesis was discovered that the extent of this phenomenon, awareness about danger that supporting remedies especially anabolic steroids introduce, relatively improved when it is compared with the previous research dealing with this subject of investigation.

Keywords: Anabolic steroids, fitness centers, gyms, recreational sport, Youth.