

Abstract:

This thesis describes Outdoor Sports Courses for the 2nd Grade of Basic Schools in Liberec Region. The theoretical part discusses the close topics such as activities and education at elementary schools or summer and winter outdoor sports courses. The goal of the thesis is to obtain information about outdoor sports courses for the 2nd Grade of chosen basic schools in Liberec Region, and to recommend instructions for the optimal course education. Two methods of interrogation were applied: a controlled interview with school principals and questionnaire for students in 9th grade of elementary schools. Based on the above-mentioned interrogation methods, the diversity of sports courses in nature was investigated. In addition, the issue of the course capacity or material issues and staffing at schools were investigated. The research also concentrates on the participation of students in the courses and the reasons of their non-participation as well as students' satisfaction with the selection of available courses. Based on the students' responses, the ranking of the most popular courses was created. The results of the investigation were incorporated into the overall statistics which provide a comprehensive assessment of the course education in chosen basic schools in the Liberec district.

Key words: outdoor activities, outdoor education, physical education, outdoor sports courses, RVP, basic schools