

## Abstract

The aim of this bachelor's thesis is to find out how high school youth in Karlovy Vary spend their leisure time and to make a contribution to the improvement in spending their leisure time. Leisure time is an indispensable part of youth's life. Next reason for this thesis is to improve communication and cooperation between teachers and pupils. The research took place in Karlovy Vary at four high schools with various specialization. Theoretical part is focused on leisure time and its functions, forms, history and institutions. In practical part there are data collected for the research realization. Then the hypothesis determined at the beginning of the thesis is evaluated. The thesis as a whole is evaluated in the conclusion and suggestions are presented how to improve the way young people spend their leisure time.

## Keywords

Leisure time, high school youth, leisure activities, life style, questionnaire, hobby group.