TITLE:

Motion games for pupils of the first stage of primary schools – nature is the best gym.

ABSTRACT:

This thesis deals with movement activities and games for pupils of primary school. In the theoretical part of my thesis I discuss classifications of movement activities and games, their meaning and how the games should be implemented and organized. I also focus on the use of movement activities and games in nature during the classes of physical education at schools. In the practical part I find out, with the help of a questionnaire, how classes of physical education are lead in Czech primary schools. While implementing movement activities and games in classes, I experimented with my own activity games, tried my own methods for their compilation and could, therefore, verify them in practice straight away. Another research described in my thesis was done through conversations with children which we had about the experiment performed.

KEYWORDS:

game, movement game, child, nature, movement