The thesis deals with the relationship of adult's education and physical culture. It focuses on the growing role of education, especially adults, in contemporary society and formulates the idea of historical transformation of formerly time-and age-limited education in contemporary lifelong learning. In relation to that, the thesis describes the culture, especially the physical, and its link to the lifelong learning. This fact is considered from a historical and a theoretical perspective. Based on that, the thesis examines the relationship of adult's education and physical culture in the general theoretical and currently practical point of view. The importance of this investigation evaluates for potential adult's education knowledge application in physical culture and possible social function enhancing.