The subject of this thesis is the quality of life for mothers who are taking care of a child with cerebral palsy. It illustrates the changes in the mother's life and the close family of the handicapped child, as well as how they cope with the challenging situation.

The research involves four mothers, ages 38 to 42, who are taking care of their handicapped children, ages 7 to 15. Semi-structured interviews were used for the qualitative research. The common themes that came up during the interview were: the course of the pregnancy and childbirth, the attitude of healthcare givers while informing the caregiver of the diagnosis, difficult situations during the first year of life for the handicapped child, social support for the mother and the family, effects on the healthy siblings, changes in the quality of life over time for the mother, strategies for dealing with the burdens, and the positive aspects of daily life for a family with cerebral palsy.